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Apprenticeships really work – read about what you can achieve
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Issue 210 | 27 August 2018

Congratulations to our winning sports stars

- **Congrats to Waltham Forest's young athletes for their success in the European Athletics Championships in Berlin that ran from the 2–12 of August**
- **Council's collaborative bursary programme has boosted athletes' success**

Rising star, Reece Prescod won the silver in the 100m in Berlin. The 22 year old's training was supported by the 'Sporting Kangaroo' bursary programme from Waltham Forest Council and the Australian Olympic Commission. Reece, from Walthamstow, had already worked hard to win the 100m British championship title 2017 and maintained it this year. He said: "Running 100m in sub ten seconds was an amazing feeling and I'm now committed to breaking the British record of 9.87 seconds and securing future Olympic and world titles – I'm really grateful for the support from the council that's helped me achieve my successes to date." Reece also ran the final of the World Championships in August last year alongside Usain Bolt.

Leytonstone's Laviai Nielsen, competed at the Euro Championships too. Having already taken a silver medal at the World Athletics Championships in 2017 in the 400m, Laviai qualified for a spot in the GB team to compete in the 400m at the European Championships. She smashed her personal best to win her heat and beat it again to win her semi-final before finishing fourth in the final, equalling her best time.

When asked how she felt about her success, Laviai said: "I've gained so much confidence for the World Championships in 2019 and then the Tokyo 2020 Olympics."

Bianca Williams, a sprinter from Walthamstow, already holds a gold medal at the Commonwealth Games as part of the 4x100m relay team. She earned her place in the GB team for the European Championships 200m and qualified for the finals finishing sixth. As one of the 4x100m relay team, she went on to win gold along with another local sprinter Asha Philip. Bianca said: "I'm very happy with how my year gone so far – the next two years are crucial and I'm excited to see what I can achieve."

Athlete, Toby Markham, from Highams Park, has also done the borough proud. Toby competed in the Cerebral Palsy World Games and came third in the 200m heat and sixth in the final of the 200m.

Top of the class: Results are in

Read more on **Page 3**

Results day at Walthamstow School for Girls

More info

European Championship results: **http://bit.ly/2nBJYyp**
Get involved in Sport in Waltham Forest: **http://bit.ly/2wbg9cP**

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Public Wi-Fi connecting Waltham Forest

You can access Wi-Fi at hotspots across the borough

Now it is even easier to stay connected on the go with free public Wi-Fi rolled out in town centres and shopping areas across Waltham Forest.

The council, in partnership with Arqiva, has bought free connections to Leyton, Leytonstone, Highams Park, Wood Street, Bakers Arms, St James Street, Chingford and Chingford Mount following a trial in the centre of Walthamstow earlier this year.

Not only is it a great boost for local businesses, it is available to everyone – simply jump on your phone or tablet to get online in seconds.

Look for the network _FREE_ WF_WiFi on your device in one of the covered town centres. You will be asked to register with your email address – and then you are all set to go. You will have two hours uninterrupted connection before the session ends. If you need more time, you can to sign straight back in and pick up where you left off.

Cllr Liaquat Ali MBE, Cabinet Member for Transformation and Commercial Services, said: "Our free Wi-Fi has been a big hit in Walthamstow and I'm really proud to be introducing it in our other town centres and shopping areas. Alongside our great shops and bustling markets, it's another reason why people want to spend their time and money in Waltham Forest."

To provide the connection, cutting-edge technology has been installed in street furniture around busy shopping areas where it can provide a stable connection without equipment being intrusive or spoiling the street view.

Nicolas Ott, Managing Director of Telecoms & M2M at Arqiva, said: "Local authorities are recognising how important connectivity is for their residents and business and we are excited to be working with Waltham Forest as our fourteenth partner London borough."

Town centre internet is one element of the council's wider Digital Strategy. To help make sure that elderly or vulnerable adults, or those for whom English is not their first language, have the confidence to use digital technology, the council is looking for Digital Champions to help share their skills and teach residents how to use technology to book services and keep in touch with friends and family.

More info

Interested in becoming a digital champion? Find out more here:
http://bit.ly/2Go874c
Find out more about the all the areas with free public Wi-Fi here:
http://bit.ly/2OAaROS
Learn more about normal public internet security precautions here:
https://cnet.co/2Mqya0e

From the Leader

Cllr Clare Coghill

It's that time of year to celebrate the success of our young people, who have received their GCSE and A-level exam results after years of hard work, dedication and determination.

Overall, the results show that even more students are achieving high grades which will set them up for the next steps in their journeys – whether they decide to go to university, take up an apprenticeship, or enter the workforce, they have the tools they need to make the most of their life chances.

It's also testament to the efforts of teachers and school staff who do so much to give our young people the very best education. Everyone remembers their favourite teachers and in years to come the leaders of tomorrow will have yourselves to thank for their success. I can think of no greater accolade.

Our young people deserve every chance to achieve their potential. That's why I set up the Life Chances Commission in 2017. Chaired by Conor Ryan, a former government advisor on education, the commission examines the issues that prevent some of our young people realising their aspirations. To do this, the commission spoke to young people directly so we could hear from them about some of the challenges they face. Over 2,500 young people in the borough took part in the Big Youth Conversation and shared their thoughts.

We will be publishing the commission's report as well as Waltham Forest Council's response to it in September. It will clearly outline the changes we can make over the next few years to further support our young people and tear down the walls which prevent some of them from succeeding. We are creating an environment where tomorrow's leaders and role models can learn, grow and thrive in Waltham Forest.

At a time when we see so many negative headlines about young people, it's so important to recognise that the vast majority of them are hard-working, determined and creative people who just want to make the most of their natural abilities. Just last week a number of talented young athletes from Waltham Forest achieved great things at the European Athletics Championships. Let's focus on celebrating these achievements instead of talking our children and their abilities down.

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Edited by: Corporate Communications Team

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Waltham Forest News is published fortnightly by London Borough of Waltham Forest with a print run of 110,000 copies delivered to homes, organisations, businesses and bulk drops in the borough.

The official independently audited free letterbox delivery of Waltham Forest News is 97,161 ABC Regional 4 January 2016 to 1 January 2017

Another year of exam success

It has been another year of achievement for young people in Waltham Forest who have this month picked up the results of their A-levels and GCSE exams. Students joined friends, teachers and family across the borough to celebrate the big moment when the outcome of months – even years – of hard work was revealed.

On Thursday 16 August the A-level results were announced. Provisional results from schools and colleges in the borough indicate an improvement in the average points per A-level entry over last year's results. Nationally, the figures were slightly down so the borough has bucked the trend.

At Leyton Sixth Form College, students enjoyed a 98 per cent pass rate in A-level exams and 100 per cent in vocational and technical courses. Principal Gill Burbridge said: "We are absolutely delighted with our results and, on behalf of the staff and Governors I would like to congratulate all of our students on what they have achieved.

"These results demonstrate our students' achievements have improved even more since our 'Good' Ofsted in 2016. I would like to acknowledge the hard work and commitment of our expert staff and the excellent teaching, learning and support that they have provided."

Cllr Khevyn Limbajee, Cabinet Member for Adult Services, visited students at Leyton Sixth Form to add his congratulations: "It's absolutely terrific. They've worked so hard and are a credit to themselves, their families and their communities. A huge congratulations to all of them and to the teachers who got them through it."

On Thursday 23 Aug, GCSE results were announced. Early indications are that students and schools in the Borough have also achieved another good year of GCSE results, despite the belief that this has been a far tougher examination system. The number of students achieving levels 5 and 4 (Good and Standard passes) across the whole range of subjects is above the national average (this is the first year that the majority of subjects have been assessed using the 9 to 1 grading system).

Cllr Grace Williams, Cabinet Member for Children, was at Walthamstow School for Girls on results morning to celebrate the students' success. She said: "It's been a pleasure to be here this morning and see the excitement on the students' faces as they open their results. They've worked so hard and now it's time for them for them to take the next steps in their journeys.

"There's a wealth of opportunities and whether they choose to continue with higher education, take up an apprenticeship or enter the workforce – they have the tools they need to make the most of their life chances.

"Today, is a time for celebration and a time to pay tribute to the wonderful teachers and school staff who have dedicated so much for the benefit of our learners."

Pupils at Walthamstow School for Girls

Pupils at Leyton Sixth Form College with Principal Gill Burbridge and Cllr Khevyn Limbajee

Big Youth Conversation engagement results are in

In 2017, Leader of the Council, Clare Coghill set up the Life Chances Commission. Its aim was to deliver her manifesto promise to improve life chances for all residents – starting with young people.

The independent commission was tasked with investigating the challenges young people face in meeting their aspirations, and how the council can act to help offer them the best possible future. The Commission will publish its findings in September.

Clare Coghill explained: "This independent commission was tasked with unearthing the things preventing our young people flourishing to fulfil their ambitions. We are now giving young people in both secondary and primary sectors a chance to have their say to empower young people to drive the changes they want to see, so they can have the best future possible."

To help the council respond to the Commission's recommendations, the borough has rolled out its biggest ever engagement with young people: The Big Youth Conversation (BYC).

Over 2500 young people in Waltham Forest took part, including over 1800 who participated in a survey. The council also organised a BYC Summit with Spark2Life – which had live music and a dance competition – and 'Life Chances Lessons' in schools on the Commission's draft recommendations. In addition, the BYC engagement team visited the Looked-after-children fun day this August, where they spoke with over 100 children in care and their carers about the challenges they face, and ran an engagement stall at Walthamstow Garden Party with the support of the Council's Young Advisors.

The results are now in and they address young peoples' thoughts on their own aspirations, access to opportunities, their community and how safe they feel.

Key insights included:

- 99 per cent of respondents were up for sharing feedback with the council going forward, with giving feedback via in-class sessions in schools the clear favourite way to do that.
- 'More opportunities for work experience, traineeships and part-time jobs' was voted the most important way to help young people meet their aspirations, with 64 per cent of young people ranking it in their top three.
- 54 per cent of boys and only 33 per cent of girls said they can always access affordable local activities.

The BYC also revealed a desire for more youth services, better communication between young people and the police, better access to higher education, and support for young people to manage money and how they can earn within the borough – together with better communication of what their rights are as young workers.

The feedback so far has been invaluable and will form the basis of the council's response to the Life Chances Commission, which will be published alongside the Commission's report in September.

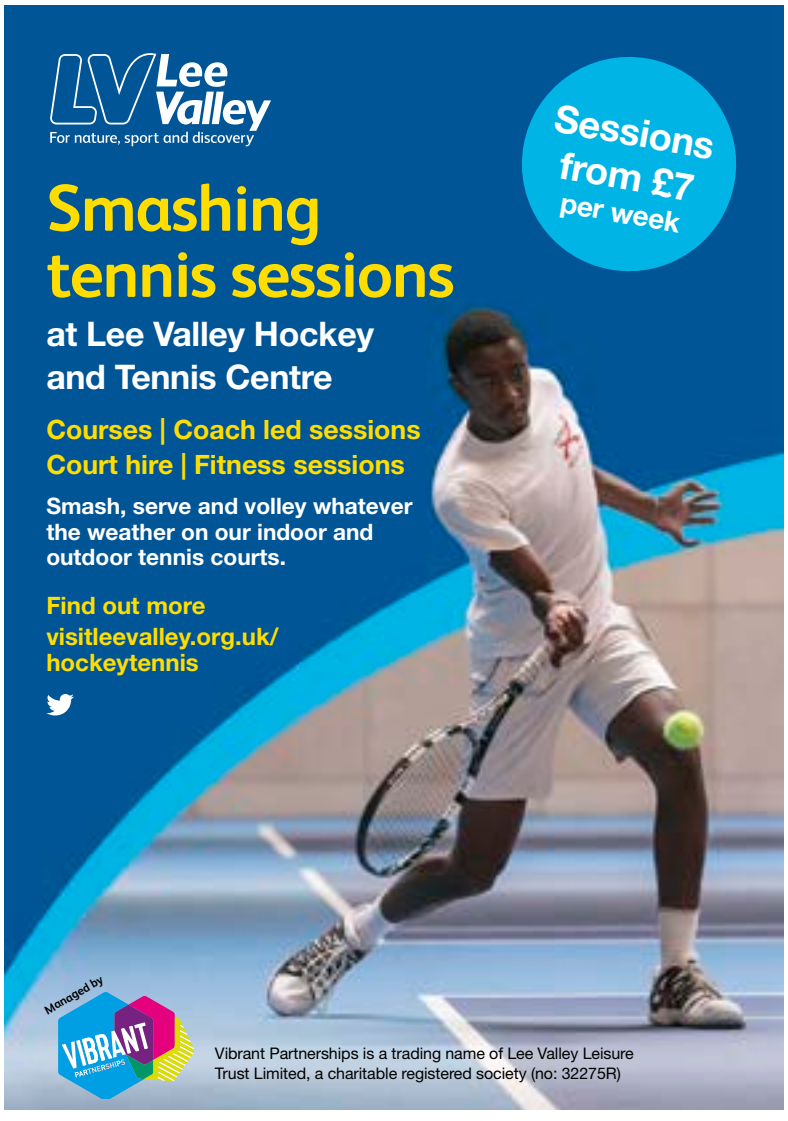
More importantly, the BYC marks the beginning of a new way of engaging young people in council decision making. The council will use the next year to trial innovative approaches to youth participation with the goal of embedding youth participation across council activities. These activities will kick off after the response is published in September.

More info

http://bit.ly/lifechances

Not your average apprentice

Apprentice Rachel Jones on site



When people think of apprentices they often think of young people, fresh out of school and ready to take on their first 'real' job.

Rachel is one of a growing number of people who at a later stage in life, is reconsidering her career and future. Settled in a sales and marketing job, Rachel had always been interested in a more hands-on role.

Rachel says, "I finished school and completed a Business degree majoring in marketing. However, I have always loved practical work and increasingly wanted to be in a job that allowed me to develop those skills.

"Following a solid career in sales and marketing, I travelled and then when returned to London, decided there was no time like the present for a career change. I was 32 and realised that if I didn't do it then I would never do it."

It was already halfway through the academic year, but that didn't that stop Rachel. She chased big construction companies to enquire about vacancies.

"I was working as a kitchen finisher for a couple of months with social housing company, Peabody. I knew it was a foot in the door but it still wasn't exactly what I wanted to be doing."

In a moment of frustration, Rachel emailed the Leader of Waltham Forest Council, Cllr Clare Coghill to see if there was anything the council could do to support her.

"Within hours Cllr Coghill was messaging me which was a fantastically quick response. She was able to forward my email onto the council's Steps into Work team which in turn put me in touch with one of its main construction contractors, ENGIE (formally Keepmoat Regeneration). Following a meeting with Paul Goodrich from ENGIE, I was then recommended to one of its sub-contractors, PW Plumbing. All of a sudden I was offered a two-week work trial."

Six months since Rachel began her apprenticeship with PW Plumbing, her advice to other older apprentices thinking of a career change is to take the plunge:

"It's been amazing! Financially, it hasn't been as scary as I thought it would be. My biggest fear was that I wouldn't be any good. I get to try something new every day and build on my experience. The work site is very friendly and I needn't have been worried about fitting in.

"I've been fortunate enough that ENGIE has offered to pay for my training which is fantastic. Doing training while I study and work means I can fast-track my qualification.

"I hope people see the value in an apprenticeship, whether as a first choice or when changing their career. You earn while you learn and it's a great way to learn new skills and apply them every day.

"If I could say one thing to those considering a career change, it would be act sooner and be bold – people do want to help you, you just have to be persistent. If I wasn't persistent then I wouldn't have council's support and the excellent opportunities and support from ENGIE."

> **"It's been amazing! Financially, it hasn't been as scary as I thought it would be. "**

Paul Goodrich, ENGIE's Operations Manager on the Waltham Forest Homebuilding Programme, added: "Rachel's passion, commitment and tenacity to succeed were evident at our first meeting. These are the very qualities that prospective employers look for in an apprentice, so it was an easy decision to recommend Rachel to our supply chain partners.

"With the level of housebuilding in the borough and across the UK generally, the construction industry offers a rewarding and sustainable career irrespective of gender, as Rachel's story proves.

"Our company is doing all that we can in the borough to promote construction opportunities through our work in schools, colleges and attendance at job fairs. We hope that Rachel's story inspires more local residents to consider a career in construction."

More info

visit our Adult Learning Service
http://bit.ly/2vNya08

The results are in: Make an apprenticeship your next step

Like many young people, Sasha Hudson from Chingford left school when she finished her GCSE's. After attending an event held by Waltham Forest Adult Learning Services, began to investigate apprenticeships.

Sasha explained: "Before I met with Waltham Forest Adult Learning Service, I had no idea of the variety of apprenticeships offered. I was only 17 and living at home with no responsibilities – the idea of learning and earning a wage at the same time was very appealing."

Sasha filled out an application form with the service and had an initial assessment. Her CV was then matched to available jobs and interviews followed.

Sasha successfully secured an apprenticeship in Business Administration at Waltham Forest Council. Combining work with learning, she started at level two – equivalent to five GCSEs – and progressed to level three – the equivalent of three A-levels.

Three years later, Sasha's career has progressed and she is now a Project Support Officer at Waltham Forest Council

Her role encompasses organising varied council-wide events, drafting business cases for team operations and more. One of Sasha's careers highlights so far has been representing Waltham Forest's apprenticeship scheme at an event and meeting the Mayor of London, Sadiq Khan, who was in attendance.

Sasha would recommend the scheme to anyone and has felt supported through the whole process, she said: "Through the scheme and mentoring from team members in the council I understood what I wanted from my career. You get to learn a lot of work skills that you wouldn't get through education. You learn how to work and communicate with people in a different environment – important skills that you'll need for any job role. Probably the best part is the fact that you're paid on the job as well as getting an education."

Sasha is about to start her level four apprenticeship in Project Management, which means she will be back at college for one day a week through Skype. Once this is completed, Sasha will hold the equivalent of a foundation degree.

More info

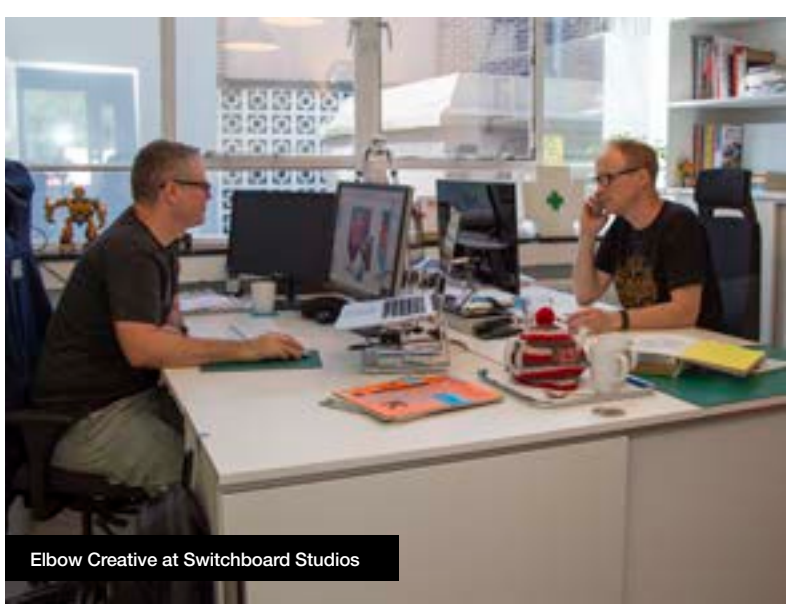
visit our Adult Learning Service
http://bit.ly/2vNya08

Sasha began her career as an apprentice

Apprenticeships: Did you know?

- Apprenticeships offer high-quality, work-based training programmes and hands-on experience, together with a salary and a nationally-recognised qualification.
- Opportunities are open for those who have finished full-time education or already in employment and want to develop or change their future prospects and career.
- On average, an apprentice can earn £12,000 to £21,000 per year. Unlike university, you can achieve a qualification without any fees and if already in employment, you would maintain your current salary.

Tenants move in at Switchboard Studios



Elbow Creative at Switchboard Studios

The first tenants have moved into a new creative industry workspace at Switchboard Studios in 50 Uplands, Blackhorse Lane. The space has been transformed from a tired, former call centre into 26 bright, modern studios and communal café space.

Graphic design and branding specialists, Elbow Creative, have settled at Switchboard and appreciate the convenience of being able to work so close to home. Founder, Julian Loxton explained: "Switchboard Studios came along at just the right time. Our previous studio was way too big for us, bitterly cold in the winter and with no fibre-optic which was a hindrance for a creative business. We were keen to be part of a community with a focus on creatives and importantly, we wanted to stay in Waltham Forest."

Switchboard Studios looks set to breathe new life into what is fast becoming London's most vibrant neighbourhood to live and work.

More info

Switchboard Studios, 50 Uplands, London E17 4QU. Studios are available for exclusive rental or sharers, see the website for more information **http://bit.ly/2KNuTmF**

In brief

Grow your local business

If you are a local business based in Waltham Forest and need support, Serious Impact UK could be for you. The three-month programme does not cost a penny and can support, guide and advise local businesses through their journey. The programme includes workshops designed to grow small businesses, creating more jobs and opportunities for local people. Areas of focus include strategy, finance, marketing and more. Attendees will be provided with take-home resources and follow on-advice if requested. This free programme will be held in Waltham Forest, running from October to December.

Whatever your business, if you need support to grow, this programme can help you. All that is needed is passion and commitment. Apply online at seriousimpact.co.uk

Serious Impact UK can help grow your business

In brief

Books galore to your door

Zero emissions library delivery

Waltham Forest Libraries offer a free book delivery service for residents who love books but are housebound and are unable to visit the library.

The team includes specialist staff providing a tailored service to match each individual's interests and needs. There is a large range of fiction and non-fiction books available in both large and ordinary print to choose from, plus audio books available on both CDs, cassettes and you can even get music CDs.

Long-term book delivery service user, Mrs Pitterson said: "The service is excellent and has made a great difference to my life. Before I used it, I felt isolated and depressed. I now look forward to my delivery every month and would be very upset if I didn't have it. It's a wonderful service with extremely helpful staff who provide me with any book I ask for".

If you are interested or know anyone that would benefit from this service please email lib.central@walthamforest.gov.uk or call 020 8496 3000, option 7 and ask for the Book Delivery Service. A member of the team will take your name and telephone number and the book delivery team will contact you.

Get your fill of foodie markets

Foodies get ready for two specialist markets coming to Walthamstow in September. On 2 September, Cheese Street is wheeling in to Walthamstow Farmers Market, at the top of the High Street. Local and regional cheese makers from across the country will be selling their finest produce.

Cheese Street is free to attend from 10am-3pm. Tickets are on Eventbrite http://bit.ly/2MDqdoF for exclusive tours of cheese makers at the event at 10am and 11.15am. See lfm.org.uk for more info or contact info@lfm.org.uk.

This is followed-up by the specialist Vegan Market on 9 September that will also be open for business at the Walthamstow Farmers Market.

For more information on all Waltham Forest markets see walthamforest.gov.uk/markets

New chapter for Wood Street Library confirmed

The decision to relocate Wood Street Library and create a modern, 21st century space in the new Marlowe Road development has been confirmed by Waltham Forest Council's scrutiny committee.

The new library will be centrally located close to Wood Street Station in council owned premises. It will include modern furnishings and spaces, books and information, digital services, a children's library and play area as well as a café. The sale of the current site will also provide funds to extend and refurbish Lea Bridge Library.

Cllr Clare Coghill, Leader of Waltham Forest Council, explained that at a time when many councils are having to close their libraries, Waltham Forest is safeguarding theirs for generations to come: "Despite losing more than £115m in funding from central Government since 2010, we are determined to provide high quality, modern services for our residents, and have continued to invest in our libraries to make them more user-friendly.

"I'm pleased the Neighbourhoods Scrutiny Committee have upheld the decision made at Cabinet. As we go forward with these proposals we will make sure residents get a say in shaping the design of the new Wood Street Library, and the existing site will remain open until the new site is ready."

More info

See the virtual reality tour showing the possible design of the new library **bit.ly/WoodStreetVR**

Artist's impression of new, upgraded Wood Street Library

Coffee and community at Café Life

Café regular, Dave Simpson with volunteer, Lee Johnson and BRIC Coordinator, Sabbir Ahmed

We dropped in on Leyton's Café Life – a council commissioned service providing support for adults with substance misuse or alcohol issues and a welcoming place for isolated people in the community to go.

Headed up by Building Recovery in Communities Coordinator, Sabbir Ahmad, and supported by a brilliant bunch of volunteers, Café Life offers subsidised drinks and range of activities – from sewing to mosaic-making, a recent photography course and a visit to the Wetlands, there's something for everyone. Sabbir said, "On a normal Wednesday we get 20 or more people popping in and out and we also have our regulars."

One of those regulars is Dave Simpson, who has been attending Café Life since late January and has not missed a week so far: "A friend introduced me to this group – he mentioned 'Wednesday club' and I asked him to meet me just outside beforehand so we could go in together. I live alone and was stagnating at home. I don't go to pubs anymore and wasn't getting out during winter. This has been a lifeline for me. I sit and chat, might play table tennis, do ceramics or a cross-word. The six-week photography group was great. We produced a group book and got out and about every week to take pics. I might join up with Lucia in a few months and do some sewing – why not?"

Volunteer Lucia Tsangaris, has been running the weekly sewing group at the club for almost two years: "There is a nursery nearby and through word-of-mouth some of the young mums started popping in just for help with their sewing. I saw a leaflet in Chingford and brought my niece here originally a few years back. I offered my services to Change, Grow, Live (CGL) and just kept coming. I enjoy doing the work and getting out. I'm a full-time carer for my elderly father and the kids have gone – I've made friends from this. People are happy to drop in."

Lee Johnson is new to volunteering at Café Life and is currently completing his Peer Mentoring Diploma. He hopes to be involved in the CGL service area when he graduates. Whilst serving up coffee, Lee explained: "I'm enjoying it. Longer-term, I'd like to work with people who have substance and alcohol issues. When I volunteer, I feel like I'm something giving back and helping. I've accessed these services as a client myself. Now I'm looking at it from a different angle and trying to support people."

New attendee, John Harborne, was at the Café for the first time: "Vivienne, who runs another recovery café on Fridays at the Hornbeam, suggested I pop down. I've just recovered from a hip replacement and I collapsed last year because I'd been taking speed for most of my adult life. Since I've come off it one of the benefits is how much more money I've got. My world has opened up."

Gertrude and friend Jean at the open-to-all weekly sewing group

More info

Leyton's Café Life runs at The Cornerstone Community Centre, 149 Canterburg Road, E10 every Wednesday from 11am–3pm. Walthamstow Café Life runs at The Hornbeam every Friday from 1pm-5pm. No booking is required and entry is free. See **http://bit.ly/2On6GpC**

A letter to the future

A 19th century time capsule has been found in the rubble of Buxton School's old school building and inspired a writing competition. The hidden historical treasure was discovered hidden in brick work behind an old school plaque during demolition work in May. The school is currently taking advice from local historians and Waltham Forest Council on how and when to open the 119-year-old glass bottle.

One idea is to store the capsule – thought to date back to 1899 – in Buxton School's brand new £20m building, with current pupils burying their own capsules for future generations to discover.

It is believed the capsule was buried sometime before the opening of the Cobbold Road Board School in 1900. According to local historians, Cobbold Road was reopened as two schools, Cann Hall Primary and Tom Hood, in 1925 before becoming Buxton School in 2010.

Community and Extended Schools Leader, Carol Moloney said: "This has created lots of excitement among the whole community. We are planning to open the time capsule during our Buxton Festival on 14 September and running a competition, 'Write a letter to the future'. The competition is open to everyone and the winner will be able to open the time capsule at the festival."

The capsule was found hidden behind an old school plaque

Builders Bowmer and Kirkland with Ms Moloney and the time capsule

A close-up of the time capsule

More info

Enter the competition by writing a letter to be read 119 years in the future. Your letter should start; 'Dear 2137' **Email entries to buxtonschoolleytonstone@gmail.com** by 10 September and entrants be free to attend the Buxton Festival on 14 September at 4pm.

Bug out at Cheney Row Park

Take on an adventure at Cheney Row Park, Walthamstow this week with free mini-beast hunts and evening bat walks. The family-friendly events are designed especially to educate and entertain kids under 16.

Kids can join a mini-beast hunt on Tuesday 28 August to help identify the insects that live in the park and create bug hotels for them to live in, as well as have their face painted as their favourite bug. On Saturday 1 September, families are invited to come along and build bat boxes before taking detectors on a bat walk with an expert guide to see which bats live in the area.

These events will run before Blakedown Landscapes move on to the Cheney Row Park site during the first week of September and begin creating the new, improved park. The project is being phased so the park will remain open throughout the work, which is due to finish in March 2019.

More info

Book your free places at **walthamforest.gov.uk/CheneyRowPark**

On the hunt for tiny beasts

In brief

Walthamstow bar shut down

A centre of late night disturbance and anti-social behaviour in St James Street, Walthamstow has been forced to close after Waltham Forest Council officers investigated a series of complaints from residents. The three-month closure of Still Bar, in 38–40 St James Street was granted at Thames Magistrates Court on 20 July.

Still Bar was forced to close by Waltham Forest Council

Four witnesses attended the hearing after providing written statements about the anti-social behaviour at Still Bar. The District Judge who heard the case highlighted that it is unusual for witnesses in closure cases to appear in person and not anonymise their statements. He felt the closure was the right decision for the council to take, given the impact of customers' behaviour on the community.

Cllr Clyde Loakes, Deputy Leader and Cabinet Member for the Environment, said: "Business owners are required to be considerate of their neighbours and the local community. Most owners are respectful and happy to take steps to minimise their impact. Unfortunately this did not happen at Still Bar.

"Residents were being woken by needless disturbances and suffering the effects of anti-social behaviour on a daily basis. This is unacceptable. Working in partnership with the police we have made sure that these residents will now be able to enjoy peace and quiet in their own homes."

Officers will now review the license for Still Bar to sell alcohol. It may be revoked if officers feel that reopening the premises as a bar will lead to further incidents of anti-social behaviour.

If you are being disturbed by late-night noise or anti-social behaviour, there is advice on how to get help on the council website here: http://bit.ly/2nE8r6w

#WFculture19 on social

Here's a few insta-picks from residents out and about in Waltham Forest this month. Keep sharing your cultural highlights on #wfculture19 – we love seeing them all.

William Morris Gallery. #london #londonlife #thisislondon#wfculture19

Fashion show at Waltham Forest Mela#mela#catwalk#model#fashionshow #dressedup#wfculture19#E17

My illustration of the #Wathamstow #Wetlands

Come to Leytonstone Street fest

Closing the summer Get Together festival season, Leytonstone Street Fest on Sunday 2 September, in Church Lane in Leytonstone, boasts an eclectic line-up celebrating the best of the street and surrounding areas.

Three stages of live music have been curated by Leytonstone music venue Luna. There will also be exciting pop-up performances along Church Lane on the day.

Main Stage

12pm: Kaagô

African drumming performances with master drummer, Henri Gaobi, and a star performer from Ivory Coast.

1pm: Sexy Rumours

Performing famous hits from the 70s to the 00s that everyone wants to hear but are so often afraid to ask for.

2.20pm: The Thumping Tommys

A heady brew of Irish and American folk music performed with a distinctly English style.

3.40pm: Mangoseed

Hailing from Trinidad, Jamaica, Ireland and Australia and fuse funk guitar riffs and rock bass with a poetical hip hop lyrical delivery to create their own unique sound.

5pm: The Bad Day Blues Band

The UK's premier original rock/blues/pop band

Luna Lounge

12pm: Habanera

Latin dance, eleven-piece outdoor stage

1pm: Happy Bagel

Klezmier band. Indoor stage

2pm: The Swamp Stomp String Band

Folk/gospel. Outdoor stage

3pm: The286

Rock with Classical Instruments Indoor stage

4pm: Robert J Hunter and his band

Blues. Outdoor stage

5pm: Jack Wint-Reilly & Ann Liu Cannon

Pop. Indoor stage

Indoor stage

…And playing into the evening from 6pm–10pm: Lickin Stick, The Taste of Southern Africa, April Band, Dominic Clark

More info

bit.ly/leytonstoneSF

Red Imp Comedy Club
- 2–3pm kids comedy
- 3.30pm–5pm family friendly

Shopping, eating and drinking
- Browse arts and crafts markets from Leyton&stone Designers
- A delicious food festival full of local suppliers
- An array of beverages on offer at our crafty beer bar

Arts, culture & crafts
- Speak to the London Borough of Culture 2019 team about opportunities to get involved in 2019
- Waltham Forest Art Road Show. Festival-goers will be able to pick their favourite art pieces, with cash prizes awarded to the winners
- Wildlife photography workshops professional photographer Iain Green. Bring your camera (phone, compact or SLR) and Iain will help with camera settings, photography tips and wildlife spotting. On the hour, 1pm–4pm
- KinoVan See a centenary of women's suffrage on film at the #KinoVan, a travelling cinema-on-wheels, London's Screen Archives, London Metropolitan Archives, the BFI National Archive and Royal Albert Hall
- Arts and Creative Workshops with Mehraj Arts

Free kids activities
- Storytelling
- Large Inside House Soft Play, ball pit and sand pits
- Crazy golf
- Crazy bikes
- Trampolines, 360 traverse, 3G gyroscope

Soul and R&B favourites a hit

Waltham Forest's annual celebration of soul and R&B music Chingfest took place at Ridgeway Park on Saturday 11 August.

It attracted nearly 19,000 visitors who enjoyed tributes to some of the greatest acts of all time, alongside new additions including the Red Imp comedy club and Urban DJ dance tent.

Where I work: Celebrating the borough's creative community

The project, 'Where I Work: The Makers and Manufacturers of Waltham Forest' – is a photographic series by Carmel King recording the diverse community of artists, makers and manufacturers in Waltham Forest, the Mayor of London's first Borough of Culture.

Walthamstow-based photographer Carmel said: "I was keen to document the creative community. More and more residents are becoming self-employed and I wanted to explore the workspaces as well as the breadth of products being made".

"I was interested in the heritage of making in the area, Waltham Forest's strong sense of community and the network of makers who support each other. The borough is full of enterprises on various scales, from the one-person bands to the factories and goods workshop in the Blackhorse Lane area".

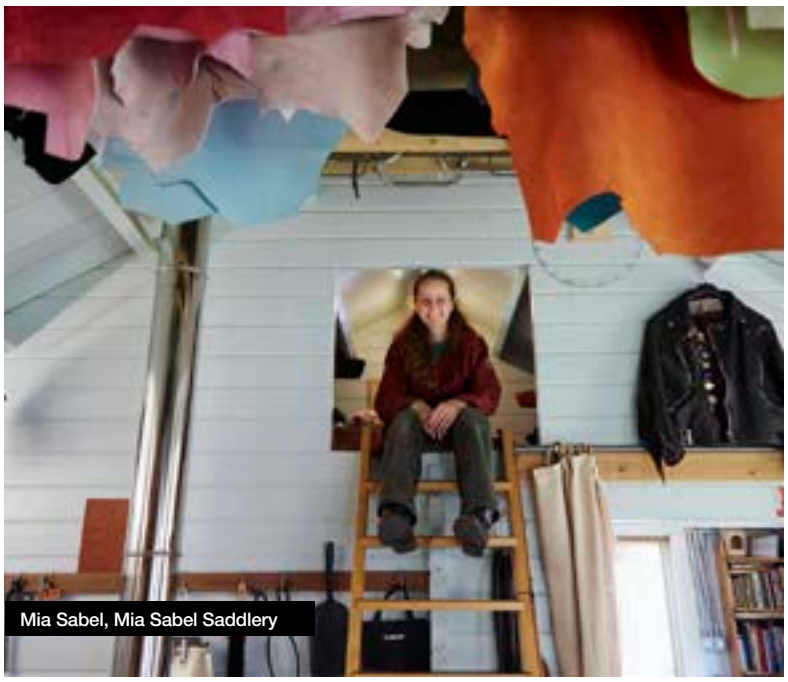
'Where I work' is supported by Waltham Forest Arts Development Grants. Carmel is producing a booklet of the series which will be distributed across the borough at the end of the year.

Waltham Forest is soon to open its London Borough of Culture Fellowship Funding scheme, offering over £550,000 of grants to support activity delivered as part of the London Borough of Culture 2019 programme and improvements to venues and neighbourhoods through arts and culture.

Gavin Coyle, of Gavin Coyle Studio, Cabinetmaker

Turning Earth Ceramics Studio, E10

Maker at Turning Earth Ceramics Studio, E10


Mia Sabel, Mia Sabel Saddlery

Jaega Wise, Head Brewer at Wild Card Brewery

More info

Read more about Carmel King and her work at **carmelking.com**
Find out more about the Fellowship Funding scheme at **wfculture19.co.uk**

Cultural Stars on Hoe Street

A new temporary art installation in central Walthamstow is celebrating the borough's Cultural Stars for their contribution to the arts and culture scene.

The mural can be seen at 198 Hoe Street – the former site of the Grillstock restaurant. While awaiting a new tenant, Waltham Forest Council invited Mark Clack of Wood Street Walls to commission a window installation that inspires and excites passers-by about our year as London Borough of Culture in 2019. The final artwork was designed and created by Hatch Art.

More info and how to volunteer

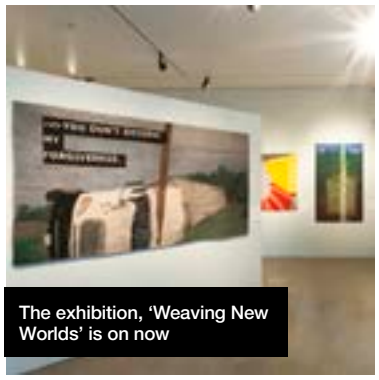
To find out more about our magnificent year as London Borough of Culture 2019, including how to Volunteer for Culture, or to apply for Fellowship Funding, please visit **wfculture19.co.uk**

Hatch Art and some of the cultural stars: Mark Bagnall, Oliver Benjamin, Russell Frost, Louise Goulden, Clare Farrow and Max and Ruth Peters

In brief

Weave your world

Inspired by its critically acclaimed tapestry exhibition 'Weaving New Worlds', Walthamstow's William Morris Gallery is hosting a hoop-weaving workshop on 15 September, 11am-4pm. Participants will make a circular weave on a simple hoop, creating an individual piece to take home. **Aimed at beginners with all materials provided, the workshop will be led by textile designer Carolyn Abbott of E17 Designers. It costs £50 (£36 concessions) and you can book at http://bit.ly/2OY6Wf7**


The exhibition, 'Weaving New Worlds' is on now

Freya Thomas-Knott

What does Borough of Culture mean to me?

Freya Thomas-Knott is a performer in Leaders, a community dance group that performs and holds drama and singing lessons around the borough. Leaders performed at Walthamstow's Mela, as part of our programme of summer Get-Together events.

When asked about London Borough of Culture, Freya said that everyone's culture needs to be represented: "I'd really like to see more diversity – because Waltham Forest is such a diverse community. We need more chances for everyone to just be themselves, to express themselves, and to have fun."

In brief

Last chance to slim your bin

You have until the end of August to be in with a chance of winning some excellent prizes – all you have to do is enter the Slim Your Bin challenge. Sophie and Nigel from Leyton opted to slim their bin in June, and chose a £50 Empire Cinema voucher. They explained: "Having a slimmer refuse bin will make us more aware of the amount we're recycling. This is a great idea to increase awareness of waste, and we'll be recommending it to our friends and neighbours."

Enter the prize draw by requesting a new slim refuse bin from MyAccount by 31 August 2018. For more information, please visit walthamforest.gov.uk/slimyourrefusebin

Sophie and Nigel with their slim bin in Leyton

Neighbourhood in bloom

Walthamstow Village in Bloom Gardening Group

Over the last 26 years, Helen Lerner from Walthamstow Village in Bloom Gardening Group has helped to transform her local area into an award-winning green neighbourhood.

"We began by running the Village Festival and we would carry out clean ups before and after. We realised there was so much more we could do.

"I joined the Residents' Association and we decided to have a big spring clean. Following this we decided to tidy and replant flower beds.

"Over the last 15 years, people would see us out and about, cleaning and planting and our numbers grew. We now have around 75 members. So many fantastic friendships have formed over the years, and together we're a real team.

"On the first Saturday of every month, rain or shine, we come together to help improve the local area. In summer we meet on Wednesday evenings to tidy things up and look after the 30 local green spaces that we maintain."

Greening local areas helps to reduce pollution and increases biodiversity.

"We also have a street allotment. The community take it in turns to water and look after the plants. Local people help themselves to the delicious veg including tomatoes and runner beans.

"Last year we won a national Gold medal in the prestigious Britain in Bloom awards. Now we're representing London as a finalist in in the national competition – fingers crossed we win!"

More info

Visit the group's Facebook page @ WalthamstowVillageInBloom
Over 1,000 volunteers give up their time to help keep our streets clean and green. Find out how you can play your part: **http://bit.ly/2MNOODR**

TEAM WALTHAM FOREST

Inspired to start your own gardening group?

Winning gardening awards might take a bit of time but residents across the borough who feel inspired to perk-up their own neighbourhoods can start today. Helen suggests:

"Start small, partner up with one or two neighbours who would like to get involved. Have a walk around your local area and see what needs doing.

"It's lovely to plant with seedlings and watch things grow. We choose plants that are drought-tolerant, insect-friendly and that help to provide clean air – lavender and perennial salvias are great.

"Talk to the council and your local councillors, they can provide support. The council support us in lots of ways including providing compost and green bags. It's also worth talking to local businesses who may be able to provide funding.

"Create a Facebook page to help recruit local members, and take before and after photos to keep a record as things improve."

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WALTHAM FOREST **ADULT LEARNING SERVICE**

Enrolling now!

Are you looking for work or want to gain a qualification? We can help you.

Information, advice and enrolment sessions

Come and find out more about the courses by speaking to the staff who teach them. You can also meet advisers to discuss study skills and be assessed and interviewed for enrolment on our qualification courses. No need to book, just drop in.

Queens Road Learning Centre
97 Queens Road, Walthamstow E17 8QR
Tuesday 11 September 2018, 10am – 12noon
Wednesday 12 September 2018, 6pm – 8pm

The Junction Centre *NEW centre*
2–4 Cathall Road, Leytonstone E11 4LF
Thursday 13 September 2018, 10am – 12noon

Help with fees

If you are a jobseeker, receiving a means tested benefit, employed and earning less than £15,736.50 per year or receiving working tax credit you could get FREE courses or up to 70% off your course fees.

Early booking discount

If you do not qualify for free or discounted courses we are offering a 10% discount on all bookings until midnight Sunday 16 September.

Hundreds of exciting daytime, evening and weekend courses to help you get a job and gain qualifications.

- English, maths and ESOL
- Job search, CV and interview skills
- Apprenticeships
- Arts, crafts and horticulture
- Business and finance
- Computers and ICT
- Counselling and well-being
- Creative writing
- Family Learning
- Hairdressing and beauty
- Health, social care and childcare
- Teaching assistants
- Yoga

For more information call **020 8496 2974,** email **adult.learning@walthamforest.gov.uk** or visit **www.lbwfadultlearning.co.uk**

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Waltham Forest

Sports and fitness

Swim Doctor classes

Saturdays 8–9am
Leytonstone Leisure Centre

Swim Doctor is for adults of any level of confidence and ability and aim to help you achieve your swimming goals. They run every week and aren't part of a course, you can start at any time, but each session has limited availability and you need to register an account with the Better centre if you do not already have one. **£5.85 per session. www.better.org.uk/swim-doctor.**

Swimming Lessons

Weekdays and weekends, various times
Tritons Swim School at the Community Pool
Waltham Forest College 707 Forest Rd, Walthamstow, London E17 4JB
Swimming lessons, coaching and vocational training for all ages.
From £25 to £90 Classes can be booked online www.tritons.org.uk For more information, email info@tritons.org.uk Phone: 020 8501 8172.

Drop in donation yoga

Tuesday 10.30am–12 midday, Wednesdays 11am–12.15pm, Fridays 7pm–8.15pm and Saturdays 10.30pm–11.45pm
United Reformed Church, 58 Orford Road, E17 9QL
Yoga has so many benefits from releasing stress and tension in the body, building strength and stamina and learning how to relax and promote deeper sleep. Find a style to suit you at these friendly mixed levels class with an experienced teacher.
Pay what you can afford.
For more info contact: Sarah on 07815120792, 07815120792 or www.yoyoga.co.uk

Free Karate classes for Adults

Saturdays, 11.30am–12.30pm
Peterhouse Centre, 122 Forest Rise, E17 3PW
Come to our classes. Suitable for young people aged 13 and over, and adults. First lesson free. **For more information, phone or text 07956 961 563, email info@elskarate.co.uk or www.elskarate.co.uk.**

Karate for Adults

Tuesday and Thursdays 6–7pm
Nexus Centre, 3 Snowberry Close, Leytonstone E15 2AH
Also suitable for young people aged 13 and over, and adults. **For more information, phone or text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk**

1950s Jive Classes and Social Dance

Every Tuesday, 8pm onwards
The Plough and Harrow, 419 Leytonstone High Road, E11 4JU
Come and join us for beginners 1950s Jive classes. It's a fun way to exercise and enjoy yourself while gaining the confidence to get out and dance. Our classes are for beginners, so no dance background or experience is needed. The classes will run on a weekly on a drop-in basis so anyone can join at any time, no partner needed.
Class 8pm–9pm £5 per person. Phone 0208 493 0303 or email mailto:tricia@the-chicken-shack.com for more details.

Badminton in Walthamstow

Wednesdays, Saturdays and Sunday evenings Waltham Forest Feel Good Centre, Chingford Road E17 5AA
We are a friendly badminton club based in Walthamforest . Players of all abilities are welcome, first session is free then £6/2 hour session. **For more information text or email 07888125534, yousafpd@yahoo.com**

Free Bowls coaching

Saturday morning free club commencing 2nd June until Sept 2018
Arrive 10.15am to Register. Play starts 10.30–12.30pm
Silverthorn Bowls Club. Ropers Ave E4 9EH
Qualified coaches will be there on the green to greet you .Good exercise for all, with a smile. Ages 16 years upwards to over 90 years. Enjoy and make new friends.
You can book a place by phoning 02085316619 or just turn up on the day. Flat shoes must be worn.

Lawn Bowls For Beginners

Mondays 10am–12.30pm
Lloyd Park, E17
Walthamstow Borough Bowls Club welcomes new players to try the game of lawn bowls on Monday mornings. No experience necessary and your first session is free. Experienced players also welcome.
Contact Bob Belam on 07754 667 638 or bob.belam@gmail.com

Community Yoga in Chingford Mount

Wednesdays 7.30pm
St Edmund's Centre, Black Hall, 216 Chingford Mount Rd, London E4 8JL
Join Chingford Mount locals for a slow paced all levels asana practise with focus on breathing, safe alignment and body awareness. Come out feeling more relaxed and peaceful leaving a busy day behind you.
For more info email: kate@findtheom.com

Zumba with Zoe

Wednesdays 7.30pm
The Cornerstone Centre149 Canterbury Road, Leyton, E10 6EH
Established in 2010, come and join East London's most popular and friendly class! Classes are great fun, an excellent way to keep fit, lose weight and every class feel like a party. Low impact, high energy with easy to follow moves to a mix of different music and dance styles. £5 per class
Contact details info@zumbazoe.co.uk or visit www.zumbazoe.co.uk

General level Pilates

Thursdays 7–8pm
Leyton Parish Church Hall, Lindley Rd E10 5PY
Classes for all: £12 (carnets available – buy 10 and get one class free), mats and small equipment provided. Pilates can improve your strength, flexibility, balance, co-ordination, bone density, reduce pain and encourage relaxation. Pilates Foundation member teacher with 18 years' experience of studio and mat work. Absolute beginners and newcomers contact me first please.
alison.bray@gmail.com; www.abpilates.co.uk; Facebook: abpilateslondon

Box&Core

Mondays 7pm
Walthamstow School for Girls, Church Hill, E17 9RZ
Brand new day and time. A total body workout that targets more than just your arms. Combining technique drills and core strengthening exercises, to appeal to both the novice looking for fun and a release of tension; as well as the amateur boxer wanting to improve their skills and stamina. Gloves provided but welcome to bring your own! £7 drop in – discounts for adv. payment. **For more info, phone 07903 629 636, email chloe@dancechloe.com or visit www.DanceChloe.com**

Zumba® Fitness

Saturdays, 10am
YMCA East London 642 Forest Road, E17 3EF
Wear low tread, supportive trainers and bring a bottle of water to enjoy this exhilarating dance fitness class in a low pressure atmosphere!
£7 drop in – discounts for adv. payment.
For more info, phone 07903 629 636, email chloe@dancechloe.com or visit www.DanceChloe.com

Karate Classes

Mondays and Wednesdays, 7.30pm–9pm
Walthamstow Academy, Billet Road, E17 5DPA family-friendly karate club established in 2004, catering for all ages and abilities. Karate is a great activity for parents and children to enjoy. It builds strength, flexibility, fitness, confidence and discipline. Our style is traditional Shotokan Karate and we are members of the prestigious Karate Union of Great Britain (KUGB). Adults £6 per class, juniors £5. For new beginners first lesson is FREE. Age 10+ recommended. **For more information visit our website at www.chingfordtora.co.uk**

GoldenYoga

Mondays 6.30–8pm and 8–9.30pm
42d Coppermill Lane E17 7HB
Learn to enhance and care for your physical, mental and emotional wellbeing with Sallyanne's healing art of yoga. Beginners welcome. £12 per class. **For more information, call Sallyanne on 07952 307 455 or 0208 520 7242 www.goldenyoga.co.uk**

Clubs and community

Table Tennis for the Over 50s

Tuesday afternoons, starting September 2018
Waltham Forest Resource hub (North), 58 Hall Lane, Chingford, E4 8EU
Age UK Waltham Forest are starting a table tennis club for the over 50s in September 2018. Regardless of your age (as long as you are over 50), gender or ability, you will be welcome at our session. The sessions will be on Tuesday afternoons and cost £3 to cover administration and refreshments.
At the moment we are waiting delivery of the equipment but if you would like to register for more details, please contact us on 0208 558 5512 or email info@ageukwalthamforest.org.uk

Scams and Internet Security

Thursday 13 September, 10am–12.30pm
Waltham Forest Resource hub (North), 58 Hall Lane, Chingford, E4 8EU
Computer Workshop for over 50s
How to recognise secure sites, online scams, safety, different programmes, apps and their uses. You can also bring questions with you for discussion. Cost is £5. **For more information, phone Age UK Waltham Forest on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk**

Morris and Me Exhibition at The Mill

Thursday 9 August – 4 October
7–11 Coppermill Lane, E17 7HA
An exhibition of mixed media celebrating the life of William Morris and his influence.
For more details email artworks@themille17.org or call 0208 521 3211.

The Singing Room

Thursdays 7.30pm
St Gabriel's Church Walthamstow E17 3JF
Do you enjoy singing? Why not come and try our welcoming weekly workshops. No auditions. We perform world pop folk jazz and more. Come along for a free taster session. **Contact Anna: 07931372996 annamusicmakers@gmail.com www.thesingingroom.org**

Dog Training

Silverthorn Dog Training Club
Thursdays 6–10pm
St Edmunds Church, Chingford Mount
We are a Kennel Club registered dog training club established in 1978 and offer training classes from puppy to advanced level.
email: Silverthorndtc@hotmail.com

East London Mini Music Studio

Near Queen's Road, E11 1BB
Budget recording space run by Sam Thomas – composer/recording artist and session player – guitars, drums, keyboards. Sam rents out his well-equipped garden studio for recording/production purposes for just £20ph. Sam can be as involved in the process as desired, anything from simply operating the equipment to full production. The space can also be rented as a rehearsal room for one or two people. **Phone Sam on 07972543748 or email sam@samthomasmusic.com or facebook.com/eastlondonminimusicstudio**

Culture and crafts

HighTide Festival Walthamstow Open Mic Nights

4 September – Leyton Technical,
5 September – The Bell, Walthamstow,
6 September – The Red Lion, Leytonstone
HighTide are hosting a series of Open Mic nights across Waltham Forest to find new talent for their Walthamstow Festival between 18–30 September. They are looking for singers, comedians, poets - anything that would work in an informal bar setting. **www.hightide.org.uk**
Free. Contact paul@hightide.org.uk to register your interest to perform at one of the Open Mics.

WEA Adult Education courses in Walthamstow

Archaeology: Explore prehistoric civilisations and cultures
Tuesday, 18 September – 4 December (half-term break Oct 23), 7.30–9.30pm
Shern Hall Methodist Church Hall, Shernhall St, E17 9HX
past lives and cultures revealed through great archaeological discoveries
£94.60 (with concessions for people on certain benefits) **Go to enrolonline.wea.org.uk, phone 0300 303 3464 or email the Walthamstow WEA Branch Secretary bea.@phonecoop.coop**

WEA Adult Education courses in Walthamstow

Literature: An introduction to the plays of Ben Jonson
Tuesday, 18 September – 4 December (half-term break Oct 23), 10–12am
Greenleaf Centre, 67-69 Greenleaf Road, E17 6QP
Read and discuss plays by Ben Jonson and study the history and techniques of theatre
£94.60 (with concessions for people on certain benefits) **Go to enrolonline.wea.org.uk, phone 0300 303 3464 or email the Walthamstow Branch Secretary bea.7@phonecoop.coop**

East Side Jazz Club

Every Tuesday 8pm
Upstairs at Leytonstone & District ex-Servicemens Club, 2 Harvey Rd, E11 3DB
18 September – Nat Steele, 25 September – Liane Carroll
Top class contemporary jazz. **Details: eastsidejazzclub.blogspot.co.uk**

Mozart's Requiem

Leytonstone Chorale
London Gala Orchestra
St John's Church, Leytonstone E11 1HH
Saturday September 15th 7.30pm
Tickets £8 online and £10 at the door
www.stephenelleryconductor.co.uk

Waltham Forest Recorded Music Society

(formerly Forest Recorded Music Society)
Friday 14 September 7.30pm
All Saints Church Hall, Church Avenue, Highams Park E4 9QD
'The Changing Face of Music', an evening of Classical and Light Classical music on record presented by Chairman Andrew Golds
Free entry, new members welcome
The new season will be presenting four live music recitals this season. **For further details please phone 020 8531 5695**

Strung Out violin classes for adults, recruiting now for September

Tuesdays, easy – 6.30pm; improving 7.30pm; Thursdays, intermediates, 6.30pm; beginners, 7.30pm
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Got a violin in the attic you want to dust down? Strung Out is a fun violin group for adult enthusiasts of all levels, with Alison Jones, who has worked across the globe as a professional musician for over 35 years. All styles of music welcomed from classical to traditional. Private lessons also available.
For further information, please call 0207 018 2927 or email: strungout@shapeshifter-productions.com
www.shapeshifter-productions.com

Launch of the Leytonstone Chorale

Saturday September 15th, 7.30pm
Mozart Requiem with the Leytonstone Chorale and the London Gala Orchestra
St John's Church, Leytonstone
Tickets £8 online and £10 at the door
www.stephenelleryconductor.co.uk

Perky Blenders Summer

12–5pm Sunday 16 September
Enjoy street food, live music, kids games and activities, market stalls, and performances. Our July 22nd event features a 'Walthamstow Dogs' street food stall, with the best hot-dogs around, a performance from the local Sing17 choir, a range of market stalls plus lots of kids toys and more.
The Magistrates, 1 Farnam Avenue, Walthamstow, E17 4NX.

E17 Swedish language course

Wednesdays, 7pm
Peterhouse Centre, 122, Forest Rise, Upper Walthamstow Rd, Walthamstow, London E17 3PW
Learn Swedish in these beginners/intermediate & conversation courses classes. Relaxed, fun & productive for adults. Pay £180 for a term of twelve 90 minute lessons in a small group (beginners). Individual lessons also available.
For more info phone Christian Karlsson on 07958 471 083, email chris@e17swedish.com or visit www.e17swedish.com

Craft Club for pensioners

Monday afternoon, usually 4pm–7pm (during school holidays 1pm–4pm)
Unity Hall, corner of Oakfield road, Higham Hill, Walthamstow
Painting, card making, knitting, sewing, jewellery and silk painting. All welcome. £2 per meeting includes refreshments.
Contact Julie 0208 521 1454

Women's Morris Dancing

Wednesdays 8–10pm weekly
St Gabriel's Family Centre (back hall), Havant Road, E17 3LF
Blackhorse and Standard invite you to our weekly practices to try traditional English Morris dancing. A fun and friendly way of keeping fit. No experience necessary, just come along and have a go. Musicians (any gender) of traditional instruments are also welcome. First term free to new members.
For more info ring 020 8514 8771 or 020 8527 2926 or see www.blackhorseandstandard.org.uk

English Classes for Adults

Mondays 7:30–9pm
Wednesdays 9:30–11am
'The Meeting Point' Community Centre, 155A Boundary Rd, London E17 8NG
During school term times, free taster session, £5 per term. Teachers CELTA certified, DBS checked. **For more information contact Adrian on 07930 856 931 or visit: themeetingpoint.org.uk**

Children and young people

Miniature Steam and Electric Train Rides in Chingford

Every Sunday and Bank Holiday Monday afternoon from 2–5.30pm (April to end of September). Plus every Wednesday afternoon from 2–4pm in August.
At the miniature train tracks at the back of Ridgeway Park, Peel Close, off Old Church Road, Chingford E4 6XU.
Chingford's best kept secret and great fun for big and little kids of all ages. **Train rides cost £1-£1.50. Children under three free with fare-paying adult.**
www.chingford-model-engineering.com/

Cheerleading – New term

Tuesday 11th September 4.15pm.
Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX
Age 7–11 years. Learn exciting Cheerleading dances with pom-poms.
Contact us to book your space. www.avoladanceacademy.co.uk for more information contact Nicola on 07814781642 or email: avoladance@hotmail.co.uk

Free Karate classes for Kids

Saturdays, 10.30–11.30am
Peterhouse Centre, 122 Forest Rise, E17 3PW
Come to our classes for children aged 6 years and over. First lesson free. **For more information, phone/text 07956 961 563, email info@elskarate.co.uk info@elskarate.co.uk or visit www.elskarate.co.uk**

Little Tigers Karate

Tuesdays, 4.30–5pm
Nexus Centre, 3 Snowberry Close, Leytonstone E15 2AH
Come to our classes for children aged three, four and five years. **For more info: phone/text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk**

Karate Kids

Tuesday and Thursdays 5–6pm
Nexus Centre, 3 Snowberry Close, Leytonstone E15 2AH
Come to our family friendly classes for children aged six and over. **For more information, phone/text 07956 961 563 or 07853 177 950, email: info@elskarate.co.uk info@elskarate.co.uk or visit www.elskarate.co.uk.**

Kids' Football

Every Saturday 9.30–10.30
Low Hall Sports Ground, South Access Road, Walthamstow E17 8AX
Football Sessions for girls and boys 4–14. £5 per session. **Contact: 07956 553655 Steve or Liam**

Melody Movement – New term

Friday Mornings 10am
Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX
The only Melody Movement school in Waltham Forest, offering dance and movement from age two. A small fun class taught by a qualified IDTA teacher. Involving dance, movement, dressing up and music. Collect stickers to complete a work card, on completion of 12 lessons, a medal is received. £5 per week. Ring now to book as numbers are limited. **Contact Nicola on 07814781642 or email avoladance@hotmail.co.uk**
www.avoladanceacademy.co.uk

Baby Massage and Yoga

Various dates and time
Walthamstow Quaker meeting House, E17 4QU
Baby Massage and Yoga is a wonderful way to bond with your baby whilst giving physical and emotional benefits to both of you.
Pre book through http://thehealthworks.co.uk/online-booking/£10 per class. Class passes available, £36 for 4 or £50 for 6.
For more info, phone 020 8503 7794 email healthworks@clara.co.uk or visit http://www.thehealthworks.co.uk/

Homework & Activities Club

Tuesdays 4–6pm
'The Meeting Point' Community Centre, 155A Boundary Rd, London E17 8NG
For ages 6–11, during school term times, free taster session, £ 5 per term, arrive at 3.45pm, staff DBS checked. **For more information contact Sandra on 07504828785 or visit: themeetingpoint.org.uk**

Waltham Forest Youth Theatre

Thursdays 4.30pm–5.30pm, Saturdays 10.30am–12noon
Forest Community Centre, Guildford Road, Walthamstow E17 4EA
We work towards group and individual Trinity College exams and towards performing on a stage and to build confidence. Our classes are managed and taught by qualified, experienced and professional teachers, and are suitable for children aged 6 to 10 years.
Phone Michael 07860 716 295 email mep@btclick.com or visit www.walthamforestyouththeatre.co.uk

New Dance Classes for 4+

Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX
Ballet, Tap and Freestyle Dance classes for all ages (various days and times depending on age). We are a small friendly school where all classes are taught by myself an IDTA qualified teacher in a fun atmosphere.
Check out our website www.avoladanceacademy.co.uk for more information contact Nicola on 07814 781 642 or email avoladance@hotmail.co.uk

Community Ward Forums

Wednesday 5 September

6.30–8.30pm
Lea Bridge Library, 382 Lea Bridge Road, London E10 7HU

Council Meetings

Weds 29 August

M&E contract extension executive decision, 3pm

Thurs 30 August

Waltham Forest Safer Neighbourhoods Board, 7pm

Tuesday 4 September

Planning committee, 7pm

Wednesday 5 September

Adult social care scrutiny committee, 7.30pm

Monday 10 September

Construction training centre, centre operator contract executive decision, 2.30pm

Tell us what's on

Email your event details to:
walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for 10 September 2018 edition is **Friday 31 August**

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Planning

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990- Section 67. Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

182386	Mr Mohammed Khaliq	1 Buckingham Road, Leyton, London, E10 5NG	Extension of existing dropped kerb for vehicular access.
181580	Mr Anjum Shahzad	Land to the rear of, 307 Hoe Street, Walthamstow, E17 9BG	Demolition of 6 garages and erection of a two storey two bedroom house.
181878	Miss Karen Ashcroft	6 Forest Glade, Chingford, London, E4 9RH	Construction of single storey part side extension and front porch infill.
182187	Ms Julie Harkin	7 East Avenue, Walthamstow, London, E17 9NG	Construction of single storey rear extension to upper ground floor outrigger.
182158	Mr A Asher	342 High Road Leyton, Leyton, London, E10 5PW	Demolition of existing garage and construction of three storey side extension in connection with conversion of existing one bedroom house into 1 x 2 bedroom and 1 x 3 bedroom houses with associated refuse and cycle storage.
182550	Mr M Khaliq	First Floor Flat, 83 High Street, Walthamstow, London, E17 7DB	Construction of second floor rear extension
182305	Mr and Ms Samuel and Jennifer Howes and Greaney	32 Beulah Road, Walthamstow, London, E17 9LQ	Construction of replacement single storey rear extension.

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990- Section 67. Notice is Hereby Given that the following application affecting for listed building consent has been made to the council concerning proposed development which would affect a listed building within a conservation area.

182677	Mrs Laila Jilana	153 Whipps Cross Road, Leytonstone, London, E11 1NP	Listed building consent for the construction of lower ground floor extension to rear of property.

Any views you would like to make for the above proposals, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 27 August 2018. Adrian Harding, Interim Head of Development Management and Building Control, London Borough of Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST
VARIOUS ROADS - REMOVAL/ AMENDMENT OF CERTAIN PARKING PLACES AND MISCELLANEOUS WAITING RESTRICTIONS (T30ab(18) – MINOR BATCH NO. 3)
The Waltham Forest (Charged-For Parking Places) (Amendment No. 123) Order 2018
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 156) Order 2018

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest (the Council) on **27th August 2018** made the above-mentioned Orders under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be in:

(a) **Ringwood Road (RWR) E17 – north-west side** – remove the School Keep Clear Zig Zag markings between No. 2 RWR and Callis Road and:

(i) extend the **MW** permit parking place opposite No. 18 RWR south-westwards so that the overall size of that parking place is 17.5 metres;

(ii) provide double yellow line "at any time" waiting restrictions for 6 metres opposite Nos. 10 to 16 RWR; and

(iii) introduce a 15 metre Free Short Stay parking place operating Mondays to Saturdays from 8.30 a.m. to 6.30 p.m. inclusive with a max stay of 1 hour and no return within 2 hours;

(b) **Buckland Road (BR) E10 – west side** – remove the single yellow line waiting restriction outside Nos. 57 to 63 and:

(i) extend the **GGW** permit parking place opposite Nos. 56 and 58 BR southwards for a distance of 11 metres;

(ii) reduce the **GGW** permit parking place situated outside Nos. 53 to 55 and in place of this provide 3 metres of single yellow line waiting restriction immediately south of the extended parking place mentioned in (b)(i) above (in a southerly direction). The single yellow line waiting restriction times of operation will be the same as the operational times of the **GGW** CPZ.

3. Copies of the Orders, which will come into operation from **27th August 2018** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated **27th August 2018**

Mr. K. Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS.

LONDON BOROUGH OF WALTHAM FOREST
PERMANENT MAKING OF EXPERIMENTAL CONTROLLED PARKING ZONES (CPZs) AND VARIOUS MEASURES (T35abcd(18))
VICARAGE ROAD/FARMER ROAD (VFR) CPZ (T21a(17)),
WILMOT ROAD (WRx1) CPZ (T21b(17)),
WALTHAMSTOW STADIUM CPZ (WS) (T37(17))
WALTHAMSTOW AVENUE E4 - "AT ANY TIME" WAITING RESTICTIONS (T18(17))
The Waltham Forest (Charged-For Parking Places) (Amendment No. 119) Traffic Order 2018 &
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 151) Traffic Order 2018 (**VRF**);
The Waltham Forest (Charged-For Parking Places) (Amendment No. 120) Traffic Order 2018 &
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 152) Traffic Order 2018 (**WRx1**)
The Waltham Forest (Charged-For Parking Places) (Amendment No. 121) Traffic Order 2018 &
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 153) Traffic Order 2018 (**WS**)
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 154) Traffic Order 2018 (**W_Ave**)

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on **27th August 2018** made the above-mentioned Orders under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be to continue indefinitely the provisions of the experimental Orders listed in the Schedule to this Notice, which:

(a) provided a new CPZ called **Vicarage Road/Farmer Road (VFR) CPZ** comprising **various roads** in E10, where permit holder parking places and waiting restrictions were provided to operate between **8 a.m.** and **6.30 p.m. on Mondays to Saturdays** inclusive; where waiting and loading restrictions were either provided or amended to operate "at any time", Free Short Stay parking places operating during the times of the CPZ operational hours with a maximum stay of 3 hours and No return in 4 hours; Pay by Phone (Cashless) parking places (operating during the times of the CPZ operational hours with an initial 15 minutes free and 1 hour free between 1pm and 2pm - with a maximum stay of 2 hours and No Return in 2 hours);.

(b) extended the boundary of **Wilmot Road (WR) CPZ** comprising **various roads** in E10, where permit holder parking places and waiting restrictions were provided to operate between **8 a.m. and 6.30 p.m. on Mondays to Saturdays** inclusive; and where waiting restrictions were either provided or amended to operate "at any time";

(c) provided a new CPZ called **Walthamstow Stadium (WS) CPZ** comprising **various roads** in E4, where permit holder parking places and waiting restrictions were provided to operate between **8 a.m. and 6.30 p.m. on Mondays to Sundays** inclusive; where waiting and loading restrictions were either provided or amended to operate "at any time";

(d) allowed for the application for, and issue of certain permits and vouchers to leave vehicles in the parking places referred to in paragraphs (a) to (c) above. There has been no change to the properties whose occupiers are eligible to purchase parking permits since the introduction of the above mentioned CPZs; and

(e) provided double yellow line "at any time" waiting restrictions:

(i) in **Walthamstow Avenue E4 (the slip road parallel to the A406 North Circular Road (NCR)** on the whole south-west side and a section of the north-east side between Trinity Way and that section of the A406 NCR that leads to the Crooked Billet roundabout; and

(ii) in **Trinity Way E4** – a section on the south-east.

3. Copies of the Orders, which will come into operation on **27th August 2018** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:

(a) **The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.**

4. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated: **27th August 2018**

Mr. K. Valavan, Director of Highways and Traffic Management, Low Hall, Argall Avenue, London, E10 7AS

Schedule

The Waltham Forest (Charged-For Parking Places) (Amendment No. 50) Experimental Order 2017 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 76) Experimental Order 2017 [relating to VFR CPZ];
The Waltham Forest (Charged-For Parking Places) (Amendment No. 51) Experimental Order 2017 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 77) Experimental Order 2017 [relating to WRx1 CPZ]
The Waltham Forest (Charged-For Parking Places) (Amendment No. 61) Experimental Order 2017 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 90) Experimental Order [relating to WS CPZ]
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 72) Experimental Order 2017 [relating to W'stow Ave]

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)
THE WALTHAM FOREST (VARIOUS ROADS) (CONTROLLED PARKING ZONE AND VARIOUS ROAD MARKING) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 2) ORDER 2018 TT23(18)

1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on **27th August 2018** it made an Order to enable road marking works to be carried out in a safe and efficient manner in the roads mentioned in the Schedule of this Notice.

2. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles), at any time, in the roads listed in the Schedule to this Notice.

3. Vehicles waiting or loading in disregard of the Order would be removed.

4. The restrictions mentioned above will not apply in relation to any vehicle being used:

(a) in connection with the said works; or

(b) for ambulance, fire brigade or police

purposes in an emergency.
5. The Order will come into operation on **27th August 2018** and will be valid for a maximum period of 13 months, or until the works are completed whichever is the sooner.
NOTE: These works will not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets will be distributed and/or signage placed in advance of any works in the roads mentioned in the Schedule of this Notice which would give more specific details on the exact dates of the restrictions and effects of any temporary traffic management.
Dated **27th August 2018**
Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS
Schedule
Green Man (GM) CPZ - All E11 roads restricted to vehicles:
Ashbridge Road, St Andrew's Road, Chadwick Road, Dyson Road, Fladgate Road, Forest Glade, Maple Road Poppleton Road, Preston Road, Teesdale Road, Whipps Cross Road (between Forest Glade and Whipps Cross roundabout)
Cathall North (CTN) CPZ - All E11 roads restricted to vehicles:
Clover Close, Cowley Court, Gramer Close, Granleigh Road Lascelles Close, Lincoln Street, Norman Road, Lynn Road Marchant Road, Mayville Road, Melford Road, Park Grove Road, Short Road, Southwell Grove Road, Trinity Close, West Street, Woodlands Road
Cathall South (CTS) CPZ - All E11 roads restricted to vehicles:
Anglian Road, Apollo Place, Apple Road, Birch Grove, Cathall Road, Corn Way, Denmark Street, Melon Road, Pear Road, Peppermint Place, Orange Grove

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)
THE WALTHAM FOREST (HALL LANE E4) (TEMPORARY FOOTPATH CLOSURE) (NO. 1) ORDER 2018
1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that it intends to make an Order to enable public highway (footpath) surfacing works (in association with section 106 developer works) to be carried out in a safe and efficient manner in the **footpath next to No. 73 Hall Lane - between Hall Lane and Chase Gardens (TT5(17)).**
2. The general effect of the Order would be, only at such times and to such extent as regulatory signs are displayed, to prohibit access by pedestrians to the **footpath next to No. 73 Hall Lane between Hall Lane and Chase Gardens** "at any time".
3. The prohibition mentioned above would not apply in relation to any access required:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency.
4. The Order would come into operation on **10th September 2018** for a period of 1 month, or until the works are completed, whichever is the sooner.
NOTE: These works are intended to be for 2 weeks but has been extended to 1 month in case of aborted works due to unforeseen constraints or adverse weather.
Dated **27th August 2018**
Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)
THE WALTHAM FOREST (CHURCHILL TERRACE E4) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2018
1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on **27th August 2018** it made an Order to enable highway works (in association with section 278 developer works) to be carried out in a safe and efficient manner in **Churchill Terrace, (TT26(18)).**
2. The general effect of the Order would be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles) on **both sides of the north/south arm of Churchill Terrace** - between the southern kerb line of its southernmost east/west arm to its southernmost extremity (including the turning head).
3. Vehicles waiting or loading in disregard of this Order would be removed.
4. The restrictions mentioned above would not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow;
5. The Order will come into operation on **27th August 2018** for a period of 18 months, or until the works are completed, whichever is the sooner.
Dated **27th August 2018**
Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS

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